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# Hashimoto's Thyroiditis: What Is It! What Causes It! How To Manage It!



## Synopsis

Millions of people are diagnosed as being hypothyroid and the main cause your thyroid is failing is because it is under attack by an autoimmune disease; Hashimoto's thyroiditis. Many are frustrated by the lack of medical care they are getting and no real relief from the debilitating symptoms of fatigue, headaches, aches and pains, weight gain, hair loss, dry skin, sore throat, and brain fog just to name a few. People are treated with thyroid replacement therapy but their autoimmune disease goes untreated. This book deals with the cause of Hashimoto's thyroiditis and how to successfully treat the autoimmune disease. It also goes into Hashimoto and pregnancy, infertility and other ailments that are caused by autoimmune disease. Full of information and advice but at a low price so every person suffering with Hashimoto's thyroiditis has a chance to read and manage their disease. To your good health!

## Book Information

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## Customer Reviews

Enjoyed thoroughly. The book was an excellent read, I love the recommendations for diet and lifestyle changes to improve quality of life

Very informative and clear on how to live a better life when doctors are unaware. Recommend for anyone researching health issues.

Great book...

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Hashimotos: Goodbye - Hashimoto's Thyroiditis! The Ultimate Guide To Overcoming - Hashimoto's Thyroiditis Disease: Hashimoto's Diet - Hypothyroidism, Hyperthyroidism, ... Thyroiditis (Thyroid, Graves Disease) THYROID: Hashimoto's Thyroiditis Cure: Holistic Self-Care Guide for Thyroiditis (Self-Help Alternative Medicine Action Plan to Heal Hypothyroidism and ... issues) (Treating Thyroiditis Book 1) Hashimoto's Thyroiditis: What is it! What causes it! How to manage it! HASHIMOTOS: Hashimotos Thyroiditis, Everything You Need to Know About Hashimotos Disease, Treatments, and Diet Plans to Lead a Productive Life: Hashimotos ... and Take Control of Hashimotos Thyroiditis) Hashimotos: Hashimotos Diet: An easy step-by-step Guide for Fixing the Root Cause of Hashimotos Thyroiditis (thyroid, hypothyroidism, hashimotos diet, hashimotos thyroiditis Book 1) Hashimoto's Thyroiditis: Lifestyle Interventions for Finding and Treating the Root Cause Hypothyroidism And Hashimoto's Thyroiditis: A Groundbreaking, Scientific And Practical Treatment Approach Hashimoto's Thyroiditis: The Busy Person's Guide to Overcoming Effect of Feeling Tired Through Diet with Delicious Recipes (Hyperthyroidism & Hypothyroidism) Good Karma: How to Create the Causes of Happiness and Avoid the Causes of Suffering Diabetes: Diabetes, Causes, Symptoms & Effects and How To Manage It For A Healthy, Successful Life: Diabetes, Diabetes Diet, Diabetes Type 2, Insulin The Hashimoto's 4-Week Plan: A Holistic Guide to Treating Hypothyroidism The Hashimoto's Cookbook and Action Plan: 31 Days to Eliminate Toxins and Restore Thyroid Health Through Diet The Hashimoto Diet: You're Not Alone! How to Stop Feeling Tired, Puffy & in Pain...and Start Living Your Life Again! (Hashimotos, Thyroid Diet, Thyroid Symptoms, Thyroid Healthy, Thyroid Management) Why Do I Still Have Thyroid Symptoms? when My Lab Tests Are Normal: a Revolutionary Breakthrough in Understanding Hashimoto's Disease and Hypothyroidism You're Not Crazy And You're Not Alone: Losing the Victim, Finding Your Sense of Humor, and Learning to Love Yourself Through Hashimoto's Happiness Is a Choice: The Symptoms, Causes, and Cures of Depression Spiritual Depression: Its Causes and Its Cure ADHD: Parenting a Child or Teen With Attention Deficit Disorder: Signs, Symptoms, Causes & Treatments (Treat ADHD & ADD Without Medication Books) An alternative approach to allergies: The new field of clinical ecology unravels the environmental causes of mental and physical ills Alternative Approach to Allergies, An: The New Field of Clinical Ecology Unravels the Environmental

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